



PATIENT LAST NAME: _____ **FIRST:** _____

ADDRESS: _____ **CITY:** _____ **STATE** _____ **ZIP** _____

DATE OF BIRTH: _____ **AGE** _____ **SEX** _____ **F** **M**
M / D / Y

CELL PHONE: _____ **HOME PHONE:** _____

WORK PHONE: _____ **EMAIL:** _____

SOCIAL SECURITY# _____ **MARITAL STATUS** _____

EMPLOYER _____
(NAME) (ADDRESS) (CITY/ST/ZIP)

RESPONSIBLE PARTY(LAST) _____ **(FIRST)** _____

ADDRESS _____ **CITY** _____ **STATE** _____ **ZIP** _____

HOME PHONE _____ **CELL** _____

DATE OF BIRTH _____ **AGE** _____ **SEX** _____ **F** **M**

SOCIAL SECURITY NUMBER _____ **MARTIAL STATUS** _____

PRIMARY INSURANCE INFORMATION

(Primary Insurance Company Name) (ID#) (Group #)

(Address) (City, State, Zip Code) (Phone)

(Policy Holder Name) (ID#) (Date of Birth)

EMERGENCY CONTACT INFORMATION

(Name) (Phone) (Relationship)

(Address) (City) (State) (Zip)

I certify this information is true and correct to the best of my knowledge. I will notify you of any changes in the above information.

X _____
Patient/Responsible Party Signature Date

AGREEMENT TO PAY FOR TREATMENT

Holistic Care Solutions
1108 Kane Concourse Suite 205
Bay Harbor Islands, FL 33154
P: 786-863-1114

Patient's Name: _____

I, THE RESPONSIBLE PARTY LISTED BELOW, HEREBY AGREE TO PAY ALL CHARGES SUBMITTED BY THIS OFFICE DURING THE COURSE OF TREATMENT FOR THE PATIENT.

If the patient has insurance coverage with a managed care organization with whom this office has a contractual agreement, I agree to pay all applicable co-payment and deductibles which arise during the course of treatment for the patient. Co-pays are expected to be paid at the time of service. The responsible party also agrees to pay for treatment rendered to the patient which is not considered to be a covered service by third party insurers or payors.

"No show Policy" - If a patient makes an appointment and fails to show up or cancel the appointment at least one hour in advance they will be considered a "no show" for that visit. Insured patients who have two "no show" visits at the clinic will be charged a \$25.00 no show fee for every "no show" thereafter. This will not be paid by insurance and is the patients' responsibility. We have adopted this policy in an effort to be able to see sick patients as quickly as possible.

Check policy - All bounced checks to Alpine Family Practice will be retrieved through electronic payment systems. There will be a fee to the patient for this recovery service.

Collection Policy – If a patient is sent to collections for failure to make payment or if patient declares bankruptcy they will be expected to pay all charges in advance at future appointments. If a patient is sent to collections a second time they (and anyone they are financially responsible for) will be dismissed from the clinic.

X _____
Patient / Responsible Party Signature Date

**RELEASE AND STATEMENT TO PERMIT PAYMENT
OF PRIVATE INSURANCE BENEFITS TO THE PROVIDER**

Holistic Care Solutions
1108 Kane Concourse Suite 205
Bay Harbor Islands, FL 33154
P: 786-863-1114

Patient's Name: _____

I, understand responsible party hereby authorize this office/its employees to release and disclose all or any part of the patient's medical records to any entity which is, or may be liable, for all or part of the provider charges.

I, authorize the release and disclosure of any and all of my child's medical records to any other entity, including, but not limited to specialty physicians, hospitals, or other health care providers which may be assistance in the opinion of this office, in providing treatment of the patient.

I, authorize the release of records necessary to assist in the reimbursement of benefits to which I may be entitled.

I, authorize the office and/or its employees to release, via fax machine, medical records which are needed in ordered to provide the patient with the most appropriate medical care.

I, authorize and request the payment of my third party or insurance company benefits be made directly to this office for any services furnished to the patient. The signature furnished below shall suffice for all insurance forms on a continuing basis.

X _____
Patient / Responsible Party Signature Date

GENERAL CONSENT TO TREATMENT

Holistic Care Solutions
1108 Kane Concourse Suite 205
Bay Harbor Islands, FL 33154
P: 786-863-1114

Patient's Name: _____

By signing below, I (or my authorized representative on my behalf) authorize Holistic Care Solutions physicians, practitioners and their staff to conduct any diagnostic examinations, tests or therapy necessary to effectively assess and maintain my health, and to assess, diagnose and treat my illness or injuries. I understand that it is the responsibility of my individual treating healthcare providers to explain to me the reasons for any particular diagnostic examination, test or procedure, the available treatment options and the common risks and anticipated burdens and benefits associated with these options as well as alternative courses of treatment.

RIGHT TO REFUSE TREATMENT

In giving my general consent to treatment, I understand that I retain the right to refuse any particular examination, test, treatment, therapy or medication recommended or deemed medically necessary by my individual treating health care providers. I also understand that the practice of holistic medicine is not an exact science and that no guarantees have been made to me as to the results of my evaluation and/or treatment.

X _____
Patient / Responsible Party Signature Date

**AVISO SOBRE LAS PRACTICAS DE PRIVACIDAD
RECONOCIMIENTO DE RECIBO**

Holistic Care Solutions
1108 Kane Concourse Suite 205
Bay Harbor Islands, FL 33154
P: 786-863-1114

FECHA: _____

Reconozco que se me proporcionó una copia del Aviso sobre las Prácticas de Privacidad de Holistic Care Solutions.

Nombre del Paciente (en letras de imprenta)

Firma del paciente

Si este formulario fue completado por el representante personal del paciente, por favor escriba el nombre en letras de imprenta y firme a continuación.

Nombre del Representante Personal

Firma del representante personal

Este formulario se debe colocar en el expediente médico del paciente

Receipt of Patients' Rights and Responsibilities Written Acknowledgement Form

Holistic Care Solutions
1108 Kane Concourse Suite 205
Bay Harbor Islands, FL 33154
P: 786-863-1114

I _____, have reviewed/received a copy of Dr. Emilia Cabrera's Patient's Rights and Responsibilities.

We have discussed these policies, and I understand that I may ask questions about them at any time in the future.

I consent to accept these policies as a condition of receiving health services.

X _____
Patient / Responsible Party Signature Date

FOR OFFICE ONLY

I attempted to obtain a patient's signature in acknowledgement of this, Patient's Bill of Rights and Responsibilities but was unable to do so. Documented below.

Date: _____ Initials: _____ Signature: _____

Reason:

THIS COPY IS FOR YOU PATIENT

PATIENT BILL OF RIGHTS

Holistic Care Solutions
1108 Kane Concourse Suite 205
Bay Harbor Islands, FL 33154
P: 786-863-1114

Medical privacy or health privacy is the practice of keeping information about a patient confidential. This involves both conversational discretion on the part of health care providers, and the security of medical records. The terms can also refer to the physical privacy of patients from other patients and providers while in a medical facility. Modern concerns include the degree of disclosure to insurance companies, employers, and other third parties.

Patients have the right to control who will see their protected, identifiable health information. Communications with or about patients involving patient health information will be private and limited to those who need the information for treatment, payment, and healthcare operations. Such communications may involve verbal discussions and written communications. Only those people with an authorized need to know will have access to the protected information.

Confidential information includes patient identity, address, age, Social Security number, and any other personal information that patients are asked to provide.

Confidential information also includes the reason a person is sick the treatments, medications that he or she may receive, and other observations about his or her condition or past health conditions.

We are committed to protecting patient privacy and confidentiality in the following ways:
Patient care or discussion about patient care is kept private by closing doors or conducting them in an area where the discussion will not be overheard.
Patient medical records are not left where others can see them or gain access to them
Written patient information is kept covered from the public
Diagnostic tests results are kept private
Paper records no longer needed are shredded or placed in closed receptacles for disposal.
They are not left in the garbage.

Information is not disclosed to visitors about a patient

HOLISTIC CARE SOLUTIONS
DR. EMILIA CABRERA

PACIENTE, ESTA INFORMACION ES PARA USTED

TRATO DE CONFIDENCIALIDAD AL PACIENTE

Holistic Care Solutions

1108 Kane Concourse Suite 205

Bay Harbor Islands, FL 33154

P: 786-863-1114

Estamos obligados por ley a mantener la privacidad y seguridad de su información médica protegida. Le haremos saber de inmediato si ocurre un incumplimiento que pueda haber comprometido la privacidad o seguridad de su información.

Debemos seguir los deberes y prácticas de privacidad descritas en esta notificación y entregarle una copia de la misma.

Cuando se trata de su información médica, usted tiene ciertos derechos. Puede solicitar que le muestren o le entreguen una copia an papel de su historial médico y otra información médica que tengamos de usted. Pregúntenos cómo hacerlo. Le entregaremos una copia o un resumen de su información

Puede solicitarnos que no utilicemos ni compartamos determinada información médica para el tratamiento, pago o para nuestras operaciones

Si usted le ha otorgado a alguien la representación médica o si alguien es su tutor legal, aquella persona puede ejercer sus derechos y tomar decisiones sobre su información médica. Nos aseguraremos de que la persona tenga esta autoridad y pueda actuar en su nombre antes de tomar cualquier medida.

Para determinada información médica, puede decirnos sus decisiones sobre qué compartimos. Si tiene una preferencia clara de cómo compartimos su información en las situaciones descritas debajo, comuníquese con nosotros. Díganos qué quiere que hagamos, y seguiremos sus instrucciones.

No utilizaremos ni compartiremos su información de otra manera distinta a la aquí descrita, a menos que usted nos diga por escrito que podemos hacerlo. Si nos dice que podemos, puede cambiar de parecer en cualquier momento. Háganos saber por escrito si usted cambia de parecer.

Cumplir con la ley

Podemos compartir su información si las leyes federales o estatales lo requieren, incluyendo compartir la información con el Departamento de Salud y Servicios Humanos si éste quiere comprobar que cumplimos con la Ley de Privacidad Federal.

**HOLISTIC CARE SOLUTIONS
DR. EMILIA CABRERA**

Credit Card Authorization Form

Holistic Care Solutions

1108 Kane Concourse Suite 205
Bay Harbor Islands, FL 33154
P: 786-863-1114

CANCELATION POLICY

APPOINTMENTS: All appointments cancelled within the 24-hour period will incur a \$75 cancelation fee. If you arrive 15 minutes late after your schedule appointment, you may not be accommodated for the entire duration of the service ... of course we will be happy to complete the full service if we can!

Customer Name _____

Contact Phone Number (_____)_____

Credit Card Number _____

Expiration Date _____/_____

CVV/SECURITY Code _____

3- digit code on back for Visa and Master Card
4-digit code on front for American Express

Billing Address _____

City, State, Zip _____

Name as it appears on Card _____

Signature _____

Who is your primary care physician (family doctor)? Please include his or her mailing address and phone number.

TELL US ABOUT YOUR PROBLEM (HISTORY OF PRESENT ILLNESS)

What is you're the main reason or hour visit or one **most important** complaint?

MEDICAL HISTORY

(CHECK CONDITION THE PATIENT HAS NOW OR HAD IN THE PAST)

- | | | | | |
|------------------------------------------------|---------------------------------------------------|-----------------------------------------------|------------------------------------------------|-----------------------------------------------|
| <input type="checkbox"/> Latex allergy - YES | <u>Cardiovascular</u> | <input type="checkbox"/> Liver disease | <u>Neurologic</u> | <u>Hem/Lymphatic</u> |
| <input type="checkbox"/> Latex allergy - NO | <input type="checkbox"/> Hypertension | <input type="checkbox"/> Cirrhosis | <input type="checkbox"/> CVA/Stroke | <input type="checkbox"/> Cancer |
| <u>Eyes</u> | <input type="checkbox"/> Coronary artery disease | <input type="checkbox"/> Colon cancer | <input type="checkbox"/> Brain tumor | <input type="checkbox"/> Anemia |
| <input type="checkbox"/> Glaucoma | <input type="checkbox"/> Atrial fibrillation | <input type="checkbox"/> Crohn's disease | <input type="checkbox"/> Seizure disorder | <input type="checkbox"/> Blood transfusion |
| <input type="checkbox"/> Cataract | <input type="checkbox"/> Other arrhythmia | <input type="checkbox"/> Diverticulitis | <input type="checkbox"/> Multiple sclerosis | <input type="checkbox"/> Hyperlipidemia |
| <u>ENT</u> | <input type="checkbox"/> Congestive heart failure | <input type="checkbox"/> Renal failure | <input type="checkbox"/> Anxiety | <input type="checkbox"/> hypercholesterolemia |
| <input type="checkbox"/> Hearing loss | <input type="checkbox"/> Valvular heart disease | <input type="checkbox"/> Kidney disease | <input type="checkbox"/> Depression | <input type="checkbox"/> Deep vein thrombosis |
| <input type="checkbox"/> Cholesteatoma | <input type="checkbox"/> Varicose veins/phlebitis | <input type="checkbox"/> Prostate enlarged | <input type="checkbox"/> Bipolar | <input type="checkbox"/> Hemochromatosis |
| <input type="checkbox"/> Recurrent tonsillitis | <u>Respiratory</u> | <input type="checkbox"/> Prostate cancer | <input type="checkbox"/> Schizophrenia | <u>Allergy/Immunologic</u> |
| <input type="checkbox"/> Chronic sinusitis | <input type="checkbox"/> Asthma | <input type="checkbox"/> UTI-Recurrent | <u>Endocrine</u> | <input type="checkbox"/> Allergic rhinitis |
| <input type="checkbox"/> Nasal polyps | <input type="checkbox"/> COPD | <input type="checkbox"/> Infertility | <input type="checkbox"/> Diabetes Type I | <input type="checkbox"/> Fibromyalgia |
| <input type="checkbox"/> Broken nose | <input type="checkbox"/> Lung cancer | <u>Musculoskeletal</u> | <input type="checkbox"/> Diabetes Type II/oral | <input type="checkbox"/> Hepatitis B |
| <input type="checkbox"/> Broken facial bones | <u>Gastrointestinal</u> | <input type="checkbox"/> Osteoarthritis | <input type="checkbox"/> Hypothyroidism | <input type="checkbox"/> Hepatitis C |
| <input type="checkbox"/> Obstruct sleep apnea | <input type="checkbox"/> GERD | <input type="checkbox"/> Osteoporosis | <input type="checkbox"/> Hyperthyroidism | <input type="checkbox"/> Tuberculosis |
| <input type="checkbox"/> Meniere's Disease | <input type="checkbox"/> Peptic ulcer | <input type="checkbox"/> Rheumatoid arthritis | <input type="checkbox"/> Thyroid disorder | <input type="checkbox"/> MRSA |
| <input type="checkbox"/> Otosclerosis | <input type="checkbox"/> GI bleed | <input type="checkbox"/> Broken bones | <u>Skin</u> | <input type="checkbox"/> HIV/AIDS |
| | | <input type="checkbox"/> Muscular dystrophy | <input type="checkbox"/> Skin disease | <input type="checkbox"/> VRE |

____ History of STI's (sexually transmitted infections):
(HPV, genital warts, chlamydia, herpes, gonorrhea, syphilis, other_____)

____ Have you ever been tested for HIV disease?
If Yes, what year? _____
If No, would you like to be tested? Yes No

Are you sexually active? Yes No

FAMILI HISTORY

<i>Diseases & Conditions</i>	<i>Mother</i>	<i>Father</i>	<i>Sister</i>	<i>Brother</i>	<i>Maternal Grandparent</i>	<i>Paternal Grandparent</i>
Alcoholism/Drub abuse						
Alzheimer's						
Asthma						
Autoimmune Disease						
Breast Cancer						
Cancer Breast						
Cancer Colon						
Cancer Lung						
Cancer Other type						
Cancer Ovarian						
Cancer Prostate						
Colon Cancer						
Colon Polyp						
Depression						
Diabetes						
Diabetes Type II						
Emphysema						
Genetic Disorder (explain)						
Glaucoma						
Heart Attack						
Heart Disease						
Hepatitis B						
Hepatitis C						
High Blood Pressure						
High Cholesterol						
Hip Fracture						
Hypothyroidism						
Kidney Disease						
Kidney Stones						
Macular Degeneration						
Osteoporosis						
Stroke						
Sudden Cardiac Death						
Other (list)						
Other (list)						

If your mother, father, brothers or sisters are deceased, please list their age at the time of death and the cause:

MEDICAL PROCEDURES OR SURGERIES

Surgical Procedure	Yes	Year	Comments
Abdominal surgery			
Angiogram (heart)			
Angiogram (vascular)			
Appendectomy (appendix removal)			
Back surgery (lumbar)			
Biopsy (location in comments)			
Breast Biopsy			Circle: Right Both
Breast surgery			Circle: Right Both
Cataract surgery			
Colonoscopy			
Coronary Bypass			
Coronary Stent			
C-Section			
Echocardiogram (heart)			
EGD (Stomach Endoscopy)			
Gallbladder Removal			Circle: Laparoscopic
Heart Surgery			
Hip Surgery			Circle: Right Left Both
Hysterectomy (partial, ovaries left)			Circle: Laparoscopic Abdominal
Hysterectomy (total, including			Circle: Laparoscopic Abdominal
Knee Surgery			Circle: Right Left Both
LEEP (Cervix surgery)			
Neck (Spine) surgery			
Ovary Removal			Circle: Right Left Both
Pulmonary Function Test			
Sigmoidoscopy			
Sinus Surgery			
Stress Test (stress echo)			
Stress Test (thallium/perfusion)			
Stress Test (treadmill)			
Tonsillectomy			
Tubal ligation			
Vasectomy			
Other (list)			

SOCIAL HISTORY

Do you smoke: **YES** **NO** Packs per day: _____ How many years: _____
 Do you drink: **YES** **NO** Amount per day/week/month _____ How many years _____

Do you exercise regularly? **YES** **NO** If yes, what kind of exercise? _____

DIET

What do you consider a good weight for yourself? _____

What is the most you have ever weighed (including when pregnant)? _____

Number of meals you usually eat per day: _____

Number of times per week you usually eat the following:

Beef _____ Fish _____ Desserts _____

Pork _____ Chicken _____ Fried Foods _____

Number of servings (cups, glasses, or containers) per week you usually consume of:

Homogenized (whole) milk _____ Buttermilk _____ Skim (nonfat) milk _____

2% (low-fat) milk _____ 1% (low-fat) milk _____ Coffee _____

Tea (iced or not) _____ Regular or diet sodas _____ Glasses of water _____

Do you usually use oil or margarine in place of high cholesterol shortening or butter?

Yes No

Do you usually abstain from extra sugar usage?

Yes No

Do you usually add salt at the table?

Yes No

Do you eat differently on weekends as compared to weekdays?

Yes No

ALLERGIES TO MEDICATIONS

Medication	Reaction

CURRENT MEDICATIONS

(please include over the counter medications and food supplements)

Drug Name	Dose	How Often?	Drug Name	Dose	How Often?

General

- | | | |
|-----------------------------------------------------------------------|-------------------------------------------------------------|---------------------------------------------|
| <input type="checkbox"/> Poor Appetite | <input type="checkbox"/> Poor Sleeping | <input type="checkbox"/> Fatigue |
| <input type="checkbox"/> Fever | <input type="checkbox"/> Chills | <input type="checkbox"/> Night Sweats |
| <input type="checkbox"/> Sweat Easily | <input type="checkbox"/> Tremors | <input type="checkbox"/> Cravings |
| <input type="checkbox"/> Localized Weakness | <input type="checkbox"/> Poor Balance | <input type="checkbox"/> Change in appetite |
| <input type="checkbox"/> Bleed or Bruise Easily | <input type="checkbox"/> Weight Loss | <input type="checkbox"/> Weight Gain |
| <input type="checkbox"/> Cold Hands | <input type="checkbox"/> Cold Feet | <input type="checkbox"/> |
| <input type="checkbox"/> Peculiar Tastes or Smells | <input type="checkbox"/> Strong Thirst (cold or hot drinks) | |
| <input type="checkbox"/> Sudden Energy Drop (What time of day?) _____ | | |

Skin and Hair

- | | | |
|---------------------------------------------------------|---------------------------------------|---------------------------------------|
| <input type="checkbox"/> Rashes | <input type="checkbox"/> Ulcerations | <input type="checkbox"/> Hives |
| <input type="checkbox"/> Itching | <input type="checkbox"/> Eczema | <input type="checkbox"/> Pimples |
| <input type="checkbox"/> Dandruff | <input type="checkbox"/> Loss of Hair | <input type="checkbox"/> Recent Moles |
| <input type="checkbox"/> Change in Hair or Skin Texture | | |
| Any Other hair or skin problems? _____ | | |

Head, Eyes, Ears, Nose and Throat

- | | | |
|------------------------------------------------------------|------------------------------------------|-------------------------------------------------|
| <input type="checkbox"/> Dizziness | <input type="checkbox"/> Concussions | <input type="checkbox"/> Migraines |
| <input type="checkbox"/> Glasses | <input type="checkbox"/> Eye Strain | <input type="checkbox"/> Eye Pain |
| <input type="checkbox"/> Poor Vision | <input type="checkbox"/> Night Blindness | <input type="checkbox"/> Color Blindness |
| <input type="checkbox"/> Cataracts | <input type="checkbox"/> Blurry Vision | <input type="checkbox"/> Earaches |
| <input type="checkbox"/> Ringing in Ears | <input type="checkbox"/> Poor Hearing | <input type="checkbox"/> Spots in Front of Eyes |
| <input type="checkbox"/> Sinus Problems | <input type="checkbox"/> Nose Bleeds | <input type="checkbox"/> Recurrent Sore Throats |
| <input type="checkbox"/> Grinding Teeth | <input type="checkbox"/> Facial Pain | <input type="checkbox"/> Sores |
| <input type="checkbox"/> Teeth Problems | <input type="checkbox"/> Jaw Clicks | |
| <input type="checkbox"/> Headaches (Where and When?) _____ | | |
| Any other head or neck problems? _____ | | |

Cardiovascular

- | | | |
|-------------------------------------------------|------------------------------------------------|--------------------------------------------------|
| <input type="checkbox"/> High Blood Pressure | <input type="checkbox"/> Low Blood Pressure | <input type="checkbox"/> Chest Pain |
| <input type="checkbox"/> Irregular Heartbeat | <input type="checkbox"/> Dizziness | <input type="checkbox"/> Fainting |
| <input type="checkbox"/> Cold Hands or Feet | <input type="checkbox"/> Swelling of the Hands | <input type="checkbox"/> Swelling of the Feet |
| <input type="checkbox"/> Blood Clots | <input type="checkbox"/> Phlebitis | <input type="checkbox"/> Difficulty in Breathing |
| Any other heart or blood vessel problems? _____ | | |

Respiratory

- | | | |
|-------------------------------------------------------------------|-----------------------------------------|--------------------------------------------------|
| <input type="checkbox"/> Cough | <input type="checkbox"/> Coughing Blood | <input type="checkbox"/> Chest Pain |
| <input type="checkbox"/> Bronchitis | <input type="checkbox"/> Pneumonia | <input type="checkbox"/> Pain with a Deep Breath |
| <input type="checkbox"/> Difficulty in Breathing when Lying Down | | |
| <input type="checkbox"/> Production of Phlegm (What color?) _____ | | |
| Any other lung problems? _____ | | |

Gastrointestinal

- | | | |
|---------------------------------------------------|--------------------------------------------|--------------------------------------|
| <input type="checkbox"/> Nausea | <input type="checkbox"/> Vomiting | <input type="checkbox"/> Diarrhea |
| <input type="checkbox"/> Constipation | <input type="checkbox"/> Gas | <input type="checkbox"/> Belching |
| <input type="checkbox"/> Black Stools | <input type="checkbox"/> Blood in Stools | <input type="checkbox"/> Indigestion |
| <input type="checkbox"/> Bad Breath | <input type="checkbox"/> Rectal Pain | <input type="checkbox"/> Hemorrhoids |
| <input type="checkbox"/> Abdominal Pain or Cramps | <input type="checkbox"/> Stool Consistency | |
| <input type="checkbox"/> Chronic Laxative Use | | |

Any other problems with your stomach or intestines? _____

Genito-Urinary

- | | | |
|---------------------------------------------|-----------------------------------------------|--------------------------------------------|
| <input type="checkbox"/> Pain on Urination | <input type="checkbox"/> Frequent Urination | <input type="checkbox"/> Blood in Urine |
| <input type="checkbox"/> Urgency to Urinate | <input type="checkbox"/> Unable to Hold Urine | <input type="checkbox"/> Kidney Stones |
| <input type="checkbox"/> Decrease in Flow | <input type="checkbox"/> Impotence | <input type="checkbox"/> Sores on Genitals |

Do you wake up to urinate? _____ How often? _____

Any particular color to your urine? _____

Any other problems with your genital or urinary system? _____

Pregnancy and Gynecology

- | | | |
|-------------------------------------------------------------------------|----------------------------------------|---------------------------------------|
| ____ Number of pregnancies | ____ Number of Births | ____ Premature Births |
| ____ Miscarriages | ____ Abortions | ____ Age at first Menses |
| ____ Period between menses | ____ Duration | First date of last menses _____ |
| <input type="checkbox"/> Unusual Character (Heavy or Light) | | |
| <input type="checkbox"/> Painful Periods | <input type="checkbox"/> Clots | <input type="checkbox"/> Last PAP |
| <input type="checkbox"/> Vaginal Discharge | <input type="checkbox"/> Vaginal Sores | <input type="checkbox"/> Breast Lumps |
| <input type="checkbox"/> Changes in body / psyche prior to menstruation | | |

Do you practice birth control? _____ What type and for how long? _____

Musculoskeletal

- | | | |
|---------------------------------------------|------------------------------------------|---------------------------------------------|
| <input type="checkbox"/> Neck Pain | <input type="checkbox"/> Muscle Pains | <input type="checkbox"/> Knee Pain |
| <input type="checkbox"/> Back Pain | <input type="checkbox"/> Muscle Weakness | <input type="checkbox"/> Foot / Ankle Pains |
| <input type="checkbox"/> Hand / Wrist Pains | <input type="checkbox"/> Shoulder Pain | <input type="checkbox"/> Hip Pain |

Any other joint or bone problems? _____

Neuropsychological

- | | | |
|--------------------------------------------|-------------------------------------------------------|------------------------------------------|
| <input type="checkbox"/> Seizures | <input type="checkbox"/> Dizziness | <input type="checkbox"/> Loss of Balance |
| <input type="checkbox"/> Areas of Numbness | <input type="checkbox"/> Lack of Coordination | <input type="checkbox"/> Poor Memory |
| <input type="checkbox"/> Concussion | <input type="checkbox"/> Depression | <input type="checkbox"/> Anxiety |
| <input type="checkbox"/> Bad Temper | <input type="checkbox"/> Easily Susceptible to Stress | |

Have you ever been treated for emotional problems? _____

Have you ever considered or attempted suicide? _____

Any other neurological or psychological problems? _____

Comments (please tell us of any other problems that you would like to discuss)

NEUROPSYCHOLOGICAL

- | | | |
|---------------------------------------------------------------------------------|-------------------------------------------------------------|-----------------------------------------------------|
| <input type="checkbox"/> Seizures _____ | <input type="checkbox"/> Dizziness _____ | <input type="checkbox"/> Loss of balance _____ |
| <input type="checkbox"/> Areas of numbness _____ | <input type="checkbox"/> Poor memory _____ | <input type="checkbox"/> Lack of coordination _____ |
| <input type="checkbox"/> Concussion _____ | <input type="checkbox"/> Depression _____ | <input type="checkbox"/> Anxiety _____ |
| <input type="checkbox"/> Bad temper _____ | <input type="checkbox"/> Easily susceptible to stress _____ | |
| <input type="checkbox"/> Treated for emotional problems _____ | | |
| <input type="checkbox"/> Considered or attempted suicide _____ | | |
| <input type="checkbox"/> Any other neurological or psychological problems _____ | | |

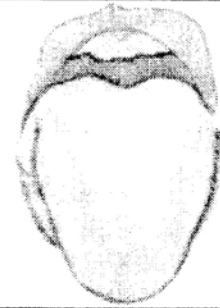
CLASSICAL INDICATIONS AND DIAGNOSTIC INQUIRY—LOOKING, LISTENING, SMELLING:

PREFERENCE	MOST LIKED	LEAST LIKED	Body type _____	Yin/Yang Balance _____
Season _____	_____	_____	Colors _____	Firm/Weak _____
Taste _____	_____	_____	Tones _____	Hot/Cold _____
Climate _____	_____	_____	Odors _____	Surface/Interior _____
Time of Day _____	_____	_____		
Mood _____				

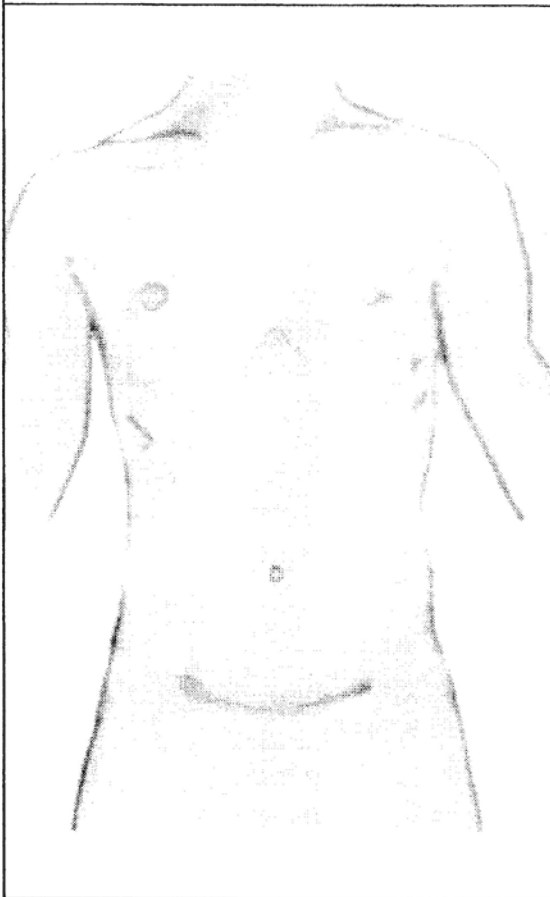
TONGUE

Tongue Qualities

- | | | |
|------------------------------------|--------------------------------------|----------------------------------|
| <input type="checkbox"/> Dry | <input type="checkbox"/> Moist | <input type="checkbox"/> Wet |
| <input type="checkbox"/> Greasy | <input type="checkbox"/> Peeled | <input type="checkbox"/> Lolling |
| <input type="checkbox"/> Prickles | <input type="checkbox"/> Hard | <input type="checkbox"/> Loose |
| <input type="checkbox"/> Curled | <input type="checkbox"/> Rough | <input type="checkbox"/> Swollen |
| <input type="checkbox"/> Ulcerated | <input type="checkbox"/> Other _____ | |

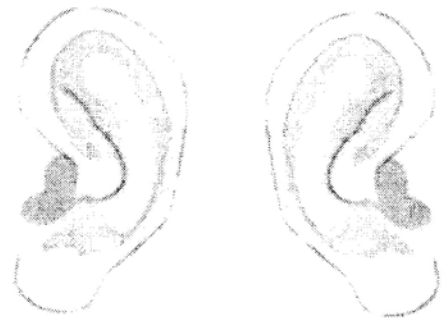


ABDOMINAL PALPATION



Symbol	Reaction
Pain on pressure	
x	little
xx	moderate
xxx	strong
Swelling	
^	slight
^^	moderate
^^^	severe
Tension/weakness	
U	weak
#	tense
Spontaneous pain	
†	slight
††	moderate
†††	severe
Pulsing	
o	slight
oo	moderate
ooo	strong
Temperature	
-	colder
+	hotter
Physical	
o	sores
*	rashes
<< >>	spasms

EAR



Sensitive Ear Points

PULSE PALPATION

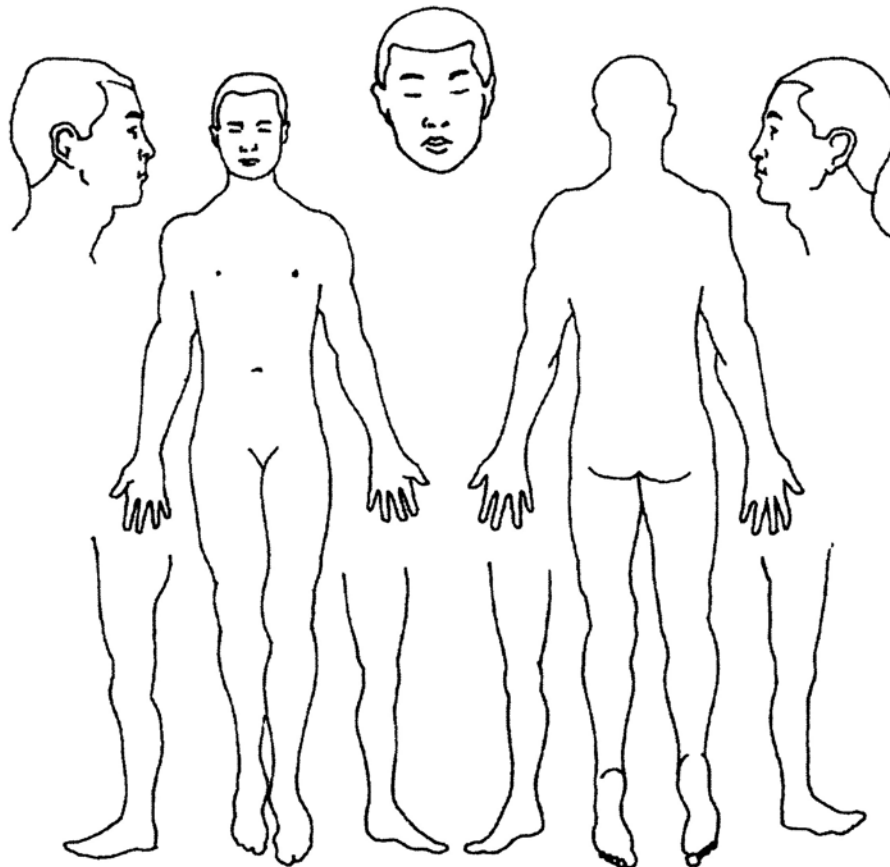
Left Pulse				Right Pulse			Description	
Rear	Middle	Front		Rear	Middle	Front	Rate	Qualities
+	+	+	Superficial	+	+	+		
+	+	+	Middle	+	+	+		
+	+	+	Deep	+	+	+		
Comments: _____								

POINT PALPATION

HT	SI	PC	TW	LU	LI	SP	ST	KI	BL	LR	GB
CV-14	CV-4	CV-15(17)	CV-5	LU-1	ST-25	LR-13	CV-12	GB-25	CV-3	LR-14	GB-24
Left											
Right											
	BL-15	BL-27	BL-14	BL-22	BL-13	BL-25	BL-20	BL-21	BL-23	BL-28	BL-18
Left											
Right											

AREAS PAINFUL OR DISTRESSED ON PALPATION

Symbol	Reaction
Pain on pressure	
x	little
xx	moderate
xxx	strong
Swelling	
^	slight
^^	moderate
^^^	severe
Tension/weakness	
U	weak
#	tense
Spontaneous pain	
†	slight
††	moderate
†††	severe
Pulsing	
o	slight
oo	moderate
ooo	strong
Temperature	
-	colder
+	hotter
Physical	
⊙	sores
*	rashes
<< >>	spasms



ASSESSMENT

Objective Symptoms _____

General Diagnosis _____

Subjective Symptoms _____

Treatment Strategy _____